

Laximetry

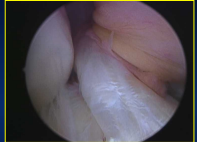
from X ray to new devices

François Kelberine
Aix en Provence - France




Rationale

- ✓ Science
- ✓ Diagnostic support
- ✓ Clinical relevance = pre / post op



Measurements

- ✓ Global Anterior translation
 - ✓ Lateral and medial compartments
- ✓ Internal Rotation

Lerat JBJS 1980, Franklin JBJS 1991
Dejour JBJS 1994, Bercovy 1995

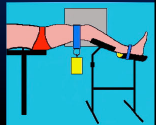
X-Rays to navigation

X-rays lateral views

- ✓ True lateral, 20 ° of flexion
 - ✓ Stress = weight bearing
- ✓ Radiological lachman test
 - ✓ measurement of \neq translations for each compartment
- ✓ Not enough accurate, large SD

Hooper JBJS 1986
Torzilli JBJS 1991
Edung Skel Radiol 1991
Dejour JBJS 1994



Lerat JBJS 1980



Telos


- ✓ Comparative stress X rays
- ✓ 6 criteriae of reliability (fluoroscopy)
- ✓ Stress (150 N) & landmarks

Paessler Sport & Med 1986
Staubli Acta Ortho Scand 1991

Telos

- ✓ Precises measurements ++
 - ✓ 150 N / cut-off 8.5 mm
 - ✓ Side to side difference ++
 - ✓ cut-off 2 mm
- ✓ Contraction of the hamstring muscles ?
(28 % false negatives)



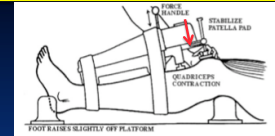
Radio stereometry RSA

- ✓ Measurement of femorotibial micro mobility in the lab > implantation of tantalum beads
- ✓ Post op follow-up of operated knee without pre-op data
- ✓ Invasive technique
- ✓ No contralateral reference



Mechanical devices

- ✓ Numerous
- ✓ Precise and reproducible constrain
- ✓ Measurement of the anterior displacement of tibia in respect of the patella : joint line marked



The different models

- ✓ Precursor Markolf 1978
- ✓ Stryker® knee laxity tester
- ✓ Genucom® knee tester
- ✓ Medmetric ®KT 1000 (2000)
- ✓ Rolimeter
- ✓ Genurob



The KT-1000 (2000)

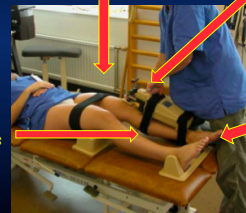
Daniel AJSM 1985

Patient lies supine
slight hip flexion
20° knee flexion
Fully relaxed

hip ER can be restricted
by a mid thigh strap

The frontal dial is
adjusted to a
neutral position by
multiple AP
movements

secured to the tibia
with Velcro straps



Tibial position is
maintained by placing
the subject's feet
between two vertical
supports that prevent
the feet from ER

Once the starting position is stable, joint line fixed, forward direct passive loads are applied through the handle

The KT-1000 (2000)

- ✓ Simple, precise to 1 mm
- ✓ Progressive increased load (34, 67, 89N & manual maximal (sounds))
- ✓ Excellent Intra observer & Poor Inter observer reproducibility



The Rolimeter (R.Jakob)



Manually anterior pull
Displacement measured
by increments / 2 mm

User-friendly and cost-effective, small, portable, sterilizable

Knee's position is not standard
No test at a variety of force levels
Precise to 2 mm
Direct measurement by the examiner

Genu RoB

Robert, Rev Chir Ortho 2009

- ✓ Simple, non-invasive, painless
- ✓ Precise to 0.1 mm,
- ✓ Consider hamstring muscle co-contraction (sensors)
- ✓ Reading and recording on a remote PC
- ✓ Sensitivity and specificity > 90 %
- ✓ Reproducibility ++ interobserver (even beginners)



Comparison of devices

Device	Repeatability/reliability	References
KT-1000 or KT-2000	Anterior: ± 3.99 mm, ± 3.89 mm, ± 3.74 mm ^a Posterior: ± 2.95 mm, ± 2.55 mm, ± 3.27 mm Anterior: 0.87 ^b Posterior: 0.79 0%, 82% ^c 0%, 75% ^c	Huber et al. (1997) Highgenboten et al. (1989)
Genucom	Anterior: 0.96 ^b Posterior: 0.86 23%, 76% ^c 10%, 70% ^c	Anderson et al. (1992) Anderson and Lipscomb (1989) Highgenboten et al. (1989)
Rolimeter	Anterior between three testers: $r(P1 \text{ vs. } P2) = 0.96$ $r(P1 \text{ vs. } P3) = 0.55$ $r(P2 \text{ vs. } P3) = 0.57$	Papandreu et al. (2005)
Stryker ligament tester	Anterior: 0.74 ^b Posterior: 0.87 Anterior/posterior: 0.83 0%, 82% ^c 10%, 75% ^c 4.4 mm, 8.0 mm ^d	Highgenboten et al. (1989) Jorn et al. (1998) Anderson et al. (1992) Anderson and Lipscomb (1989) Jorn et al. (1998)

Kupper J clinical Biomechanics 2007

Weak points of the devices

- ✓ Inter tester poor reliability
- ✓ Dominance hand is a significant item
- ✓ Prices
- ✓ How frequent they are used??

Sernet Knee Surg Trauma Arthro 2007
Robert Rv Chir Ortho 2009

Navigation



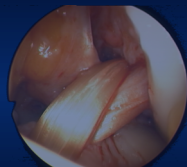
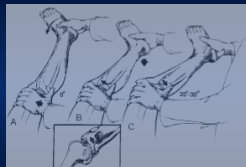
- ✓ Peroperative 3-D measurement
 - ✓ Translation
 - ✓ Rotation
- ✓ Use of rigid bodies fixed into the tibia and femur
- ✓ Usefull to control the efficacy of ACL repair
- ✓ Useless in follow up

Monaco Knee Surg Trauma Arthro 2009
Lorbach Knee Surg Trauma Arthro 2009

✓ = KT 1000 or Rotameter

And tibial rotation ?

- ✓ Objective measured assessment of Pivot-Shift



- ✓ Step of Research +++

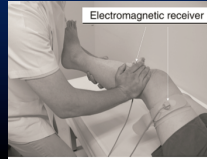
Tibial rotation : MRI

- ✓ Open MRI
- ✓ Slocum anterolateral rotatory instability test
- ✓ Measurement of anterior displacement of both medial and lateral compartments of the tibia



Tibial rotation : electromagnetic

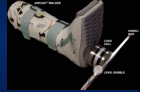
- ✓ In vivo measurement applied for quantitative evaluation of the dynamic instability during the pivot-shift test.
- ✓ Reliability of the load and observers ?



Tibial rotation : electromagnetic

Mushal Knee Surg Trauma Arthro 2007

- ✓ A load sensor is attached to a boot with a handle bar for application of rotation moments about the knee
- ✓ Another sensor record rotational movement of the tibia in regard of the femur
- ✓ Simple, reliable



Tibial rotation : Mechanical

Larbah Knee Surg Trauma Arthro 2009



Rotameter

Next lecture by Romain Seil